



WELLNESS SPEAKER

CLINICAL NUTRITION



The Truth About Our Food Supply

Foods available in the market are of low quality as a result of soil erosion, pesticides and genetic modifications. How to make the best selections for your family.



The Truth About Vitamins

Research indicates that synthetic vitamins may actually cause nutritional deficiencies. When you take a synthetic vitamin, it needs the co-factors normally found in the whole food, in order to complete its action. If they are not in the foods you eat, it will draw the co-factors from your body. How to choose wisely.

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"The most common underlying causes of health concerns are organ dysfunction from nutritional deficiencies."

- Michael Forman, DOM

Many people experience a number of problems that could potentially be the result of food allergies or sensitivities. Some of these conditions include indigestion, headaches, and fatigue.

Speaking Engagement Topics Include:

- The absence of symptoms does not mean good health
- Natural solutions for digestive disorders
- Addressing thyroid issues without drugs
- Natural asthma treatments
- Drug free ways to address headaches and migraines
- Optimal energy and stamina for men (the truth about low-T)
- Achieving and maintaining a healthy weight as we age
- Osteoporosis prevention
- Natural solutions for allergies
- The lure of synthetic vitamins...the real story
- Cholesterol myths
- Death by modern medicine

Bio

Michael Forman, DOM is a graduate of the Atlantic Institute of Oriental Medicine and is nationally board certified in both Acupuncture and Chinese Herbal Medicine. He is also a Diplomat of Oriental Medicine of the National Certification Commission of Acupuncture and Oriental Medicine (the highest certification) and a certified Applied Clinical Nutritionist by the Ulan Nutritional Institute. Dr. Michael practices Nutritional Response Testing, a system of total health restoration based on using the innate intelligence of the body to determine vital whole food supplementation to restore health. This effective testing method is non-invasive and affordable. It is capable of discovering the actual core-level health issues people are experiencing in order to allow Dr. Michael to understand the root cause of disturbing health problems and handle them once and for all. Unfortunately, many people aren't aware of these tests and aren't offered the opportunity. Dr. Michael is taking this time to build awareness of this powerful alternative treatment option to show the public there are other choices besides chemical medications.